**PHASE DE REFERENCE – CM**  NAGEUR : Nom du : ……………………………………………………….. Prénom : …………………………………………………..

OBSERVATEUR : Nom du : ……………………………………………………….. Prénom : …………………………………………………..

|  |  |  |
| --- | --- | --- |
| **ESSAI 1** | | |
| **Entrée** ⬜ Saut ⬜ Plongeon | Entoure sur le schéma **la distance** parcourue par ton camarade. | Note son **temps** : ……………………………… |

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 0 |  | 5 |  | 10 |  | 15 |  | 20 |  | 25 |
| 50 |  | 45 |  | 40 |  | 35 |  | 30 |  |  |
|  |  | 55 |  | 60 |  | 65 |  | 70 |  | 75 |
| 100 |  | 95 |  | 90 |  | 85 |  | 80 |  |  |

|  |  |  |
| --- | --- | --- |
| **ESSAI 2** | | |
| **Entrée** ⬜ Saut ⬜ Plongeon | Entoure sur le schéma **la distance** parcourue par ton camarade. | Note son **temps** : ……………………………… |

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 0 |  | 5 |  | 10 |  | 15 |  | 20 |  | 25 |
| 50 |  | 45 |  | 40 |  | 35 |  | 30 |  |  |
|  |  | 55 |  | 60 |  | 65 |  | 70 |  | 75 |
| 100 |  | 95 |  | 90 |  | 85 |  | 80 |  |  |

|  |  |  |
| --- | --- | --- |
| **ESSAI 3** | | |
| **Entrée** ⬜ Saut ⬜ Plongeon | Entoure sur le schéma **la distance** parcourue par ton camarade. | Note son **temps** : ……………………………… |

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 0 |  | 5 |  | 10 |  | 15 |  | 20 |  | 25 |
| 50 |  | 45 |  | 40 |  | 35 |  | 30 |  |  |
|  |  | 55 |  | 60 |  | 65 |  | 70 |  | 75 |
| 100 |  | 95 |  | 90 |  | 85 |  | 80 |  |  |